

# IN THE AROMATIC GARDEN

## What's your favourite herb tea?

Cilil module classe terza

Science: remember the smells and the tastes of herbs  
Maths : ordinal numbers in English  
English: speaking and writing ordinal numbers and herbs



Let's go to the herb garden!



Look for your five favourite herbs!



Pick up a leaf or a flower!



Smell the flowers, smell the leaves with your nose!

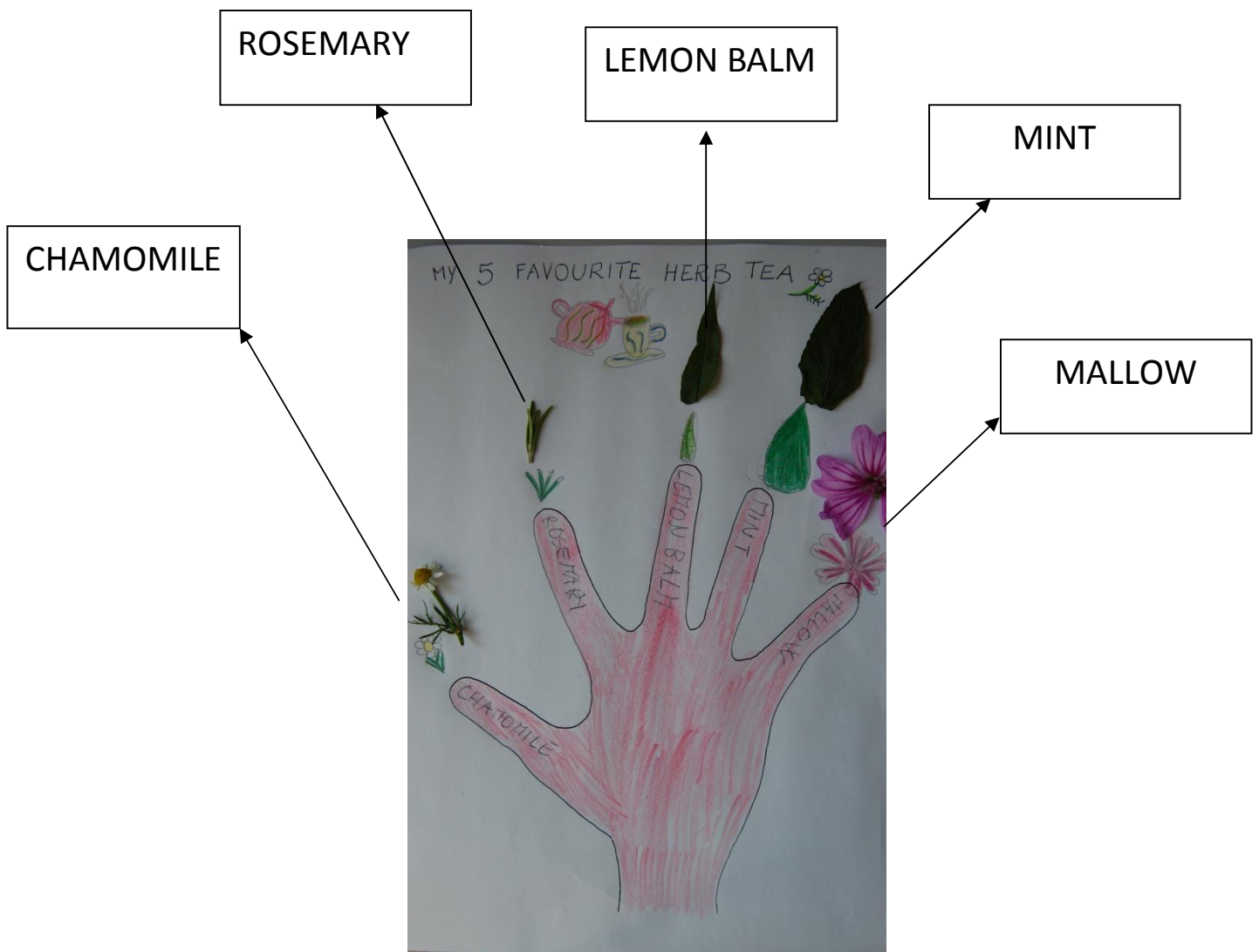


Remember the English names of the herbs: *mint*, *lemon balm*, *rosemary*, *sage*, *lavender*, *thyme*, *mallow*, *chamomile*.




Work in pairs and speak with a friend.

The questions are: *What's your favourite herb? What is it?*

## What are your favourite herbs for the herb tea?



**My favourite herbs are chamomile, rosemary,  
lemon balm, mint and mallow.**

The map	My favourite herbs for a herb tea are:	They help my body:
	<p>chamomile, rosemary, lemon balm, mint and mallow.</p>	<p>Brain and nervous system  Stomach and digestion</p>
	<ol style="list-style-type: none"> <li>1. Mint</li> <li>2. Rosemary</li> <li>3. Chamomile</li> <li>4. Mallow</li> <li>5. Lemon balm</li> </ol>	<p>Stomach and digestion  Sleep well</p>
	<ol style="list-style-type: none"> <li>1. Mint</li> <li>2. Rosemary</li> <li>3. Chamomile</li> <li>4. Lemon balm</li> <li>5. Mallow</li> </ol>	<p>Stomach and intestine: digestion  Muscles: Energy  Brain: Relax and sleep</p>